



# DAYTIME menu

8am to 4pm, Daily

20 Sept 2021

## FRUITS

<b>ORANGE JUICE</b>	€4.00	<b>YOGHURT POT</b>	€6.00
<b>COLD PRESSED JUICES</b>	€4.00	Yoghurt, fresh Berries, Granola	
Orange / Beetroot/ Kale Apple		<b>GRANOLA BOWL</b>	€7.00
<b>AMERICAN PANCAKES</b>	€9.50	Granola, Berry compote, Yoghurt, fresh Berries	
<b>KIDDIE PANCAKES</b>	€5.00	<b>SMOOTHIE BOWL</b>	€7.00
Pancakes come with Berries, Banana, Maple syrup		Berries, Mango & Banana smoothie with Granola & fresh Berries	
<i>ADD: + Bacon €2.00 + Nutella €1.00</i>		<b>SMOOTHIE DRINK</b>	€5.00
		Berries, Mango & Banana smoothie	

## BREAKFAST

## BRUNCH

<b>FULL IRISH</b>	€9.50	<b>HAM HOCK HASH</b>	€11.00
Sausages, Rashers, White Pudding, Eggs poached, Tomatoes, Beans, Potatoes, house Soda bread toasted		Shredded Ham hock, sautéed Kale, Potatoes, Onions & Rosemary, Dijon mustard	
<i>ADD: Toast/Soda bread €1.00 + Sausage €1.50 + Bacon €1.50 + Pudding €1.50 + Egg €1.50</i>		<i>ADD: Fried Egg €1.50</i>	
<i>ADD: Tea OR Americano to Full Irish €11.00</i>		<b>SOY MUSHROOMS TOAST</b>	€10.00
<b>BREAKFAST BURRITO</b>	€7.00	Creamy soy Mushrooms on sourdough toast, crispy Bacon, cumin Cabbage	
Diced Sausages & Bacon, scrambled Eggs, Ballymaloe Relish - in wrap		<b>CAESAR SALAD</b>	€6.00
<b>BREAKFAST SANDWICH</b>	€7.00	Romaine Lettuce, house Croutons, shaved Parmesan, house Dressing	
Sausages, Bacon, Fried Egg - on white pan bread		<i>ADD: Grilled Chicken +€2 Bacon +€1</i>	
<i>ADD to either: White Pudding €1.00</i>			

## EGGS

<b>SHAKSHUKA</b>	€10.00	<b>OMELETTE</b>	€8.00
Eggs baked in Tomato & Sweet Peppers sauce on sourdough toast, with Cucumber Dill Yoghurt & Dukkah		3 egg Omelette with ... pick 3 from: Mushrooms / Onions / Cheese Chicken / Bacon / Ham	
<b>EGGS AVO</b>	€10.00	<b>EGGS ANY WAY</b>	€7.00
Poached Eggs, mashed Avocado on sourdough toast with Bacon, Asparagus, cherry Tomatoes		Eggs Scrambled/ Poached/ Fried, with Toast	
<b>EGGS BENEDICT</b>	€10.00	Poached Eggs, Hollandaise sauce, savoury Muffin, Bacon	

## WRAPS

served warm

## SANDWICHES

<p><b>MEXICAN PORK</b> €8.50 Pulled Pork shoulder, Guacamole, Tomato &amp; Corn Salsa, Chipotle Sour Cream [7]</p> <p><b>ASIAN CHICKEN</b> €8.00 Shredded roast Chicken, Cashew Pesto, Sesame Carrot Salad, house Sweet Chilli sauce [8 11]</p> <p><b>LEBANESE FALAFEL</b> €7.50 Falafel balls (3), Fattoush Salad, Tahini sauce, Chili sauce (optional) [11]</p> <p><b>BOMBAY BHAJI (Vgn)</b> €8.00 Carrot Bhaji, Peanut Coriander chutney, Caramelised Onions, Bombay mix, Cucumber Dill Yoghurt [1,5,7]</p> <p><b>VEGAN SURPRISE</b> €8.00 Peanut Coriander chutney, Sesame Carrot salad, Salsa, Cumin Cabbage, Guest Vegetable [5,11]</p>	<p><b>KOREAN BEEF</b> €9.50 Korean flavoured Beef slow-cooked, Kimchi, spicy Carrots, Pop Noodles, Chilli mayo on Ciabatta [11]</p> <p><b>HAM EGG CHIPS</b> €8.00 Baked Ham, Fried Egg, Shoestring Fries, vinegar Mayo - on fresh white pan bread [1,3]</p> <p><b>BLT</b> €7.50 Bacon, Lettuce, Sliced Tomato, Mayo - on lightly toasted white pan bread [1,3]</p> <p><b>CHEESE TOASTIE</b> €6.50 Red Cheddar cheese on toasted sourdough. <i>ADD for €0.50 each:</i> Baked Ham / Roasted Tomatoes / Caramelised Onions</p>
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ALLERGENS 1. Cereals containing gluten / 3. Eggs / 5. Peanuts / 7. Milk / 8. Nuts / 11. Sesame Seeds

SOUP OF THE DAY €6.00 <> COMBO DEAL, SOUP €4.00 with any Sandwich/ Wrap

## HOUSE SIDES

<p><b>LARGE Ramekin</b> €3.00</p>	<ul style="list-style-type: none"> <li>● CHIPS in Basket (€3.50) ● GUACAMOLE ● SALSA ● HUMMUS</li> <li>● SESAME CARROT Salad ● CUMIN CABBAGE ● CARAMELISED ONIONS ● ROASTED TOMATOES ● FATTOUSH Salad</li> </ul>
<p><b>SMALL Ramekin</b> €1.50</p>	<ul style="list-style-type: none"> <li>● AOILI ● PEANUT CORIANDER CHUTNEY ● CASHEW PESTO</li> <li>● DUKKAH ● CHIPOTLE SOUR CREAM ● SWEET CHILLI SAUCE</li> </ul>

## SWEET TREATS

- PERSIAN LOVE CAKE €4.00 ● CLEMENTINE & ALMOND cake €4.00
- BLUEBERRY LOAF €3.50 ● CROISSANT Plain/ Almond €3.00 ● ROCKY ROADS €3.00
- SCONE, Raspberry €3.25 ● PASTIS de NATA €3.00

## COFFEE

- AMERICANO €3.00 ● CAPUCCIONO/LATTE/FLAT WHITE €3.20 ● EXPRESSO €3.00 ● MOCHA €3.50 ● ICED LATTE €3.90 ● MACCHIATO €3.50 ● CHAI LATTE €3.30
- ADD to any coffee: SYRUP €0.50 (Caramel, Vanilla, Chai Tea, Hazelnut). Decaff & Skinny also available*
- HOT CHOCOLATE €3.30 ● KIDDIE HOT CHOCOLATE €2.50

## TEA

- ALL Teas in MUG or CUP & SAUCER ● BARRY'S TEA €3.00 ● HERBAL TEA €3.10
- Just CHAMOMILE ● Just PEPPERMINT ● Just LEMON VERBANA ● T-TOX Nettle Cleavers & Horsetail ● DIGEST – Meadowsweet, Fennel & Chamomile ● CHILLAX – Chamomile, Vervain, Lemon Balm ● NETTLEFLOWER – Nettle & Elderflower ● GREEN TEA ● EARL GREY TEA